



# Dog or Cat 72 Hour Emergency Kit

Utah Emergency Animal Response Coalition [www.uearc.org](http://www.uearc.org)

*Help us, help you, help them*

## Suggested items

### First Aid

4 X 4 gauze squares	20	Disinfectant solution, 2 oz	1*
Gauze bandage roll 2"	2	Eye wash, saline	1
Gauze bandage roll 4"	1	3% peroxide, 2oz	1
Gauze bandage roll 6"	1	Anti-diarrheal med., tabs	1*
Vet rap 2"	2	Vet. Aspirin, tabs, bottle	1*
Vet rap 4"	2	Styptic powder/cornstarch	1
Adhesive tape	1	Thermometer (electronic)	1
Trauma pad	1*	Mineral oil, 2 oz	1
Tweezers	1	Latex/nitrile gloves, pr	3
Hemostat	1	Chemical cold pack	1
Scissors	1	Cleaning wipes, pkg	1
Surgical Soap, 2 oz	1*	Pet first aid book	1*
Triple antibiotic ointment	1		

*\*See suggestions below*

### Maintenance

#### Cat

Dry food	3 lbs	Plastic bags	6*
Canned/pouched food	3 pks	Zip lock bags,	4*
Bowls, small	2*	Photo	1
Spoon	1	ID/microchip record	1
Water	1 qt	Insurance info	1
Litterbox and Litter	1*	Complete medical record	1
Leash/Collar/Harness	1	Medication	5 d. supply*
Blanket	1	Carrier	1
Toys	1	Paper towels, roll	1
Brush and/or comb	1		

*\*See suggestions below*

### **Dog**

Dry food	8 lbs	Zip lock bags	4*
Canned/pouched food	5 pks	Photo	1
Bowls	2*	ID/microchip record	1
Spoon	1	Insurance info	1
Water	1-4 qt*	Vacs/medical record	1
Leash/Collar/Harness	1	Medication	5 d. supply
Blanket	1	Carrier	1
Toys	1	Small towel	1
Brush and/or comb	1	Paper towels, roll	1
Plastic bags	6*		

*\*See suggestions below*

### **Suggestions and tips**

- ✓ Trauma pads are larger absorbent bandages available at many drugstores; feminine napkins are an expensive substitute.
- ✓ Surgical scrubs and disinfectant solutions are often better for cleaning wounds than hydrogen peroxide. Chlorhexidine (nolvasan) is usually non-irritating, and the solution may be used in the ear, and the mouth. Keep out of eyes.
- ✓ Saline eye wash without preservatives can be used to clean wounds as well as rinse dirt and chemicals from eyes
- ✓ Some pet approved anti-diarrheal and pain medications are available over the counter at pet stores or at your veterinarian. Be sure to read and follow the directions.
- ✓ This first aid has had good reviews: Pet First Aid—Cats and Dogs by Bobbie Mammato, DVM, MPH
- ✓ Collapsible bowls can make packing the 72 hr. kit easier
- ✓ The amount of water and food will depend on the size and health of your pet. A small dog or cat may only need a quart of water; a large dog could need a gallon or more.
- ✓ A shirt or gift box that collapses flat plus a bag of cat litter will work for a litter box. Use the plastic bag to line the box. Bring 3 separate bags of litter; put just enough in each to provide a 1-2 inch layer in the box. Change the box daily.
- ✓ Use a ziplock bag and plastic bags can be used for protecting records, cleaning up your pet's waste, and many other things.
- ✓ Small packets of pre-moistened wipes that are made for babies are a great addition.
- ✓ Make-up kits and toiletry kits work well for holding the first aid supplies, and there are often small bottles included that can be used for the various liquids; a large heavy duty ziplock will also work. Make sure everything is labeled with a permanent marker
- ✓ Include used toys and bedding so your pet has something familiar.
- ✓ Totes, plastic buckets and gym bags make good containers for holding the kit.
- ✓ Make sure your pet has a tag with your name and phone number and/or is microchipped